

New Taipei City English Wonderland GuangFu Campus

新北市英速魔法學院課程設計表

Lesson Plan

單元主題 Unit Theme	Gymnastics	領域 Subject	Body Positions	
教學對象 Target Audience	5 th Grade English Campers (20-30)	設計者 Course Planner	Teacher Krystle	
任教班級 Class	Day One/Lesson One	教材來源 Source of Class Materials	Google Images	
教學時間 Course Duration and Time	This course will take 45-50 minutes			
教材分析 Resources Analysis	N/A			
單元目標 Course Objective	<p>2-1-3 能說出課堂中所習得的詞彙。 Be able to pronounce the vocabularies taught.</p> <p>1-1-3 能聽辨課堂中所習得的詞彙。 Be able to comprehend the vocabularies taught in class.</p> <p>1-1-5 能聽辨課堂中所習得的字詞、片語及句子的重音。 Be able to understand the vocabularies, phrases and sentences taught in class.</p> <p>6-1-12 樂於參與有助提升英語能力的活動。 Actively participate in English activities</p>			
教學目標 Teaching Objective	<ul style="list-style-type: none"> - I will give the students examples of the body positions in multiple platforms: video, picture, and physical demonstrations - I will show the students ways to combine the body positions in a “cool down” stretch - I will introduce common warm-up activities - I will constantly reiterate the vocabulary words said 			
教學資源 Teaching Materials	- 10 body position cards, Polyspots, PowerPoint, Whistle			
具體目標 Objective	教學過程及活動 Class Activities	教學資源 Teaching Materials	時間 Duration	備註 Notes

<p>6-1-3 對於老師的說明與演示，能集中注意力。</p> <p>Be able to concentrate on the teacher's class materials.</p> <p>6-1-5 能妥善運用情境中的非語言訊息，以幫助學習。</p> <p>Be able to utilize non-verbal messages presented in the environment to help English learning.</p> <p>2-1-3 能說出課堂中所習得的詞彙。</p> <p>Be able to pronounce the vocabularies taught.</p> <p>1-1-3 能聽辨課堂中所習得的詞彙。</p> <p>Be able to comprehend the vocabularies taught in class.</p> <p>1-1-5 能聽辨課堂中所習得的字詞、片語及句子的重音。</p> <p>Be able to understand the vocabularies, phrases and sentences taught in class.</p> <p>6-1-12 樂於參與有助提升英語能力的活動。</p> <p>Actively participate in English activities</p>	<p>We will begin the lesson by first going over the rules: Listen Up (using whistle), Play Along, and the rule for gymnastics, Safety First.</p> <p>We will also go over a couple of examples of good/bad safety.</p> <p>Next, I will teach the 10 body positions (what they look like/how to correctly do them/how to pronounce them) with my demonstration and position cards.</p> <p>The students will stand on their polyspot to ensure that they have space to do the activities.</p> <p>Together, we will go over each body position, allowing the students to complete them with me as I call out the names.</p> <p>Once the students got the hang of the body positions, we will then play a form of the game "Simon Says", where the students have to perform the body position as fast as they can.</p> <p>We will then play a version of "4 Corners" where the students will go around the room and once I blow my whistle they will stop in a corner and perform the designated jump skill.</p> <p>Lastly, for our "cool down", we will do the "Making a Pizza" stretch. The students will have to call out what the body position as we go through them. And what kind of toppings they like on their pizza in English.</p>	<p>PPT/TV/Whistle</p> <p>Body position posters</p> <p>PolySpots</p>	<p>10 minutes</p> <p>15 min</p> <p>10 min</p> <p>10 min</p> <p>5 min</p>	<p>I will make sure the students are following the 4 rules as best as possible and reiterate the point system throughout the course of the class.</p> <p>All-Stars get English motivational stickers throughout class and their names will be marked in the team folder at the end of class.</p> <p>If there is time at the end of the class, we will watch a video of Lee Chih, a famous Taiwanese gymnast, to connect that the body positions can be used in many ways in gymnastics.</p>
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