What is PRCM?

PRCM - PRONUNCIATION RHYTHM CONTROL METHOD is the easiest and most natural way to learn English pronunciation. It is a method of learning pronunciation based on rhythm and control. PRCM is a tool for learners of English to acquire strong pronunciation and listening skills while developing an understanding of the rhythm of the English language.

What is SCT?

SCT - STRETCH CONTROL TECHNIQUE is one of the two tools used in PRCM. With SCT all the words in the English vocabulary fall into one of four categories. By using SCT gestures, words are stretched. By stretching words: (1) it allows the learner to hear all the sounds that make up the word; (2) it allows the learner to hear the beginning and the end sound; and (3) it allows the development of natural rhythm. SCT can be applied to all words.

What is PCT?

PCT - PHYSICAL CONTROL TECHNIQUE is a tool that focuses on 10 particular consonant sounds that often are problematic. PCT covers the 10 sounds and each sound is represented by a symbol. The learner uses physical techniques to control the pronunciation of these specific sounds.

Why chant using gestures?

Each chapter introduces a chant. Chants are an important part of the learning process for building rhythm and for developing pronunciation control. The chants are rhythmical, simple and have usable phrases. The specific gestures that go with the chants help to stretch the words, to create the rhythm and to make learning enjoyable.

PRCM uses different senses to perfect pronunciation, hearing, speaking, touching, and seeing, allowing the pronunciation method to reach out to many learners with different strengths.

I hope you enjoy the program.



Julie Sormark has been training English teachers for more than twenty years in Korea, Taiwan and all over Japan, and has been teaching English for over 35 years. One concern has always been the challenge of correct English pronunciation. She has developed the Pronunciation Rhythm Control Method (PRCM) which has proven to dramatically improve English speaking and listening skills for both teachers and students. Julie Sormark now lives in Seoul and is developing teaching materials for elementary school children and is conducting training programs of her Pronunciation Rhythm Control Method to English language teachers.